## Our Mission Statement

Community Care for South Hastings is a non-profit agency for seniors and adults with physical disabilities. We provide programs and services that assist our clients to remain in their homes with dignity and respect for as long as possible.

Community Care for South Hastings is a charitable organization that relies on the generous donations of community members, clients and family.
Please think of our agency for memorial donations, bequests and general donations.

Tax receipts are available.
Charitable Registration Number:
11887-0286-RR0001

# COMMUNITY CARE FOR SOUTH HASTINGS


**Belleville Office**
470 Dundas Street East, Unit # 63
Belleville, Ontario K8N 1G1

**Deseronto Office**
293 Main Street, Box # 622
Deseronto, Ontario K0K 1X0

**Email: shell-leew@ccsh.ca**
**Website: https://ccsh.ca**


# Our Programs

Belleville: 613-969-0130

Deseronto: 613-396-6591

Toll Free: 1-844-654-3283

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## Meals on Wheels

Dedicated volunteers deliver hot, nutritious noon meals to your home. Many therapeutic diets can be accommodated. Meals are available up to four times a week.
Nominal fees apply.

## Frozen Meals

A selection of delicious entrees, soups and desserts prepared by Apetito are available for pick-up or delivery.

## Escorted Transportation

Friendly, skilled volunteer drivers use their own vehicle to provide safe, escorted rides to medical, dental, or therapy appointments. Rides may be long distance or local. Individuals who qualify for this service are responsible for cost recovery for the volunteer driver.

## Home Help & Home Maintenance

A support service that arranges for a brokered worker or local company to provide home maintenance and repair or provides home helpers to assist with household activities. Fees vary and are arranged between the worker and client.

## Social and Congregate Dining

Enjoy a hot, delicious noon dinner and a short social program at a local venue. This is a great way to renew old friendships and/or make new acquaintances. Call for dates and times of upcoming meals. Volunteer transportation may be arranged. A nominal cost applies.

Location:
Every Tuesday
Crossroads to Care
Bayview Mall, Belleville

Volunteers are the heart and soul of our agency.
Our programs succeed because of our volunteers.

New volunteers are always welcome!
If you can help, please contact us.

**Belleville: (613) 969-0130**
**Deseronto: (613) 396-6591**

## Stroke Support Program

Facilitated survivor and caregiver support groups and social recreational groups. All groups meet on a monthly basis in Belleville. Call our office for a meeting schedule.

## Aphasia Conversation Group

In partnership with Quinte & District Rehabilitation Speech Language Pathologist: Meet other adults living with Aphasia, and practice your communication skills in a stimulating environment.
Sessions are 1.5 hours each week for 8 weeks. Sessions run Spring and Fall.

## Regional Stroke Education Program

Six week course focusing on life after a stroke.

