

Congregate Dining



Meet your friends for an entertaining, enjoyable community meal at a reasonable cost. Entertainment or education programs may also be provided. Transportation may be available.

Community Café—Belleville

Every Tuesday at 12:00 p.m.
Crossroads To Care
Bayview Mall

Please call to register before attending!
(613) 969-0130



COMMUNITY CARE FOR SOUTH HASTINGS



**Ontario
Health**



United Way
Hastings &
Prince Edward



Meals on Wheels Hot Meals

470 Dundas Street East, Unit # 63
Belleville, Ontario
K8N 1G1

Phone: (613) 969-0130 ext. 36504

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About Meals on Wheels

Meals are delivered on MONDAY, WEDNESDAY, THURSDAY and FRIDAY between the hours of 10:30 AM and 12:00 PM.

Each meal consists of a main course of meat, vegetables and potatoes, a salad and dessert. Foods are rotated to give variety. Diabetic meals can be ordered.

Referrals for meal delivery are accepted from individuals, as well as from doctors and service agencies.

There is no delivery of meals on Christmas Day, New Year's Day, or Good Friday. Meals are delivered on all other holidays that fall on our normal delivery days.

The cost per meal is \$6.00. You will be billed on a monthly basis.



Meals are delivered by caring volunteers who give freely of their time to bring you this service. We ask your co-operation and good will. Delays may be unavoidable.

Should we have to cancel meal delivery, announcements will be made on local radio stations during morning hours.

If you need to cancel a meal we ask that you call our office before 9:00 AM on the scheduled delivery day.

A selection of frozen entrees is also available.

Community Care For South Hastings

470 Dundas Street East Unit # 63
Belleville, Ontario, K8N 1G1
(613) 969-0130

Sample Menu

Spaghetti and Meatballs
Broccoli and Cauliflower
Garlic Toast
Apple Sauce

Ham with Pineapple Sauce
Scalloped Potatoes
Brown Beans
Lemon Meringue Pie

Herb Roasted Chicken Legs
Mashed Sweet Potatoes
Cauliflower
Chocolate Brownie

Meatloaf with Onion Gravy
Mashed Potatoes
Sliced Carrots
Ambrosia

