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## Congregate Dining



Meet your friends for an entertaining, enjoyable community meal at a reasonable cost. Entertainment or education programs may also be provided. Transportation may be available.

### Community Café—Belleville

Every Tuesday at 12:00 p.m.  
Crossroads To Care, Bayview Mall

Please call to register before attending!

**613-969-0130**



## COMMUNITY CARE FOR SOUTH HASTINGS



### Community Care For South Hastings

293 Main Street, Box # 622

Deseronto, Ontario K0K 1X0

**Phone: 613-396-6591**

**Fax: 613-396-6592**

**Website: <https://ccsh.ca>**



## Meals On Wheels

## Hot Meals

**Belleville: 613-969-0130**

**Deseronto: 613-396-6591**

**Toll Free: 1-844-654-3283**



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## About Meals on Wheels

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Meals are delivered on **MONDAY, WEDNESDAY, and FRIDAY** between the hours of 11:30 AM and 12:30 PM.

All meals are served with Protein and Potato, Rice or Pasta, a Hot Vegetable, Soup or Salad and Dessert.

Gravy, sauces and condiments will accompany meals on the side when required.

Referrals for meal delivery are accepted from individuals, as well as from doctors and service agencies.

There is no delivery of meals on Statutory Holidays. Frozen Meals are available for delivery prior to the holiday.

The cost per meal is \$6.00. You will be billed on a monthly basis.



Meals are delivered by caring volunteers who give freely of their time to bring you this service. We ask your co-operation and good will. Delays may be unavoidable.

Should we have to cancel meal delivery, you will be contacted by our staff. Meals may be rescheduled to the next business day.

If you need to cancel a meal we ask that you call our office before 9:00 AM on the scheduled delivery day.

A selection of frozen entrees is also available.

Community Care For South Hastings

293 Main Street, Box # 622

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**(613) 396-6591**

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## Sample Menu

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You will be provided a monthly calendar with up to four different menu selections for each day. Make your selections and return the calendar to the office for ordering.

Soup  
Roast Chicken with Gravy  
Mashed Potatoes  
Glazed Carrots  
Spice Cake

Soup  
Beef Stir Fry  
Rice  
Mixed Vegetables  
Pudding

Salad  
Breaded Sole  
Home Fries  
Green & Yellow Beans  
Fruit Cup

